

Timeline	Tasks	Completed (✓ or X)
One month before moving	Notify utilities and service providers of your move	
	Provide new address to the postal service	
	Sort and declutter belongings	
	Reserve a moving truck or hire a moving company	
Two weeks before moving	Begin packing non-essential items	
	Create a moving inventory list	
	Confirm moving arrangements with the moving company	
One week before moving	Pack a suitcase with essentials for the first week	
	Label and organize packed boxes	
	Prepare a "first-night" box with items you may need immediately	
	Disassemble large furniture and appliances	
The day before moving	Finish packing the remaining items that are not already packed	
	Empty and defrost the refrigerator	
	Confirm the moving schedule with the moving company	
	Prepare payment and tips for movers	